

That's a deeply real season—**uncertainty** is where faith often feels stretched the most, yet it's also where God's faithfulness becomes clearest over time.

Here's a **30-day plan specifically for trusting God in uncertainty**—designed to steady your heart when things feel unclear, unsettled, or out of control.

30-Day Plan: Trusting God in Uncertainty

How to Use This

Each day:

- Read the scripture
 - Sit with the question
 - Pray honestly (even “God, I don’t understand”)
 - Write 1 thought or feeling
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WEEK 1: When You Don’t Understand (Facing the Unknown)

Focus: Trust God even without answers.

Day 1

Proverbs 3:5–6

What am I trying to figure out on my own?

Day 2

Isaiah 55:8–9

Can I accept that God sees what I don’t?

Day 3

Ecclesiastes 11:5

Where do I feel confused about life right now?

Day 4

Romans 11:33

What feels beyond my understanding?

Day 5

Psalms 25:4–5

Am I open to being led differently than I expected?

Day 6

Jeremiah 33:3

Have I invited God into this uncertainty?

Day 7

Lamentations 3:22–23

What remains steady even when life isn’t?

WEEK 2: Letting Go of Control (Surrender in the Middle)

Focus: Release the need to have everything figured out.

Day 8

Psalm 46:10

What would it look like to be still?

Day 9

Matthew 6:34

What future worry is weighing on me?

Day 10

1 Peter 5:7

What burden can I release today?

Day 11

Luke 12:25–26

What is anxiety not actually solving?

Day 12

Proverbs 16:3

Have I truly committed this to God?

Day 13

Psalm 37:5

What am I holding too tightly?

Day 14

Isaiah 26:3

What helps me keep my mind steady?

WEEK 3: Trusting God's Faithfulness (Confidence in His Character)

Focus: God is steady—even when life is not.

Day 15

Hebrews 10:23

What promise can I hold onto?

Day 16

2 Timothy 2:13

Where do I feel weak in trust?

Day 17

Numbers 23:19

Do I believe God keeps His word?

Day 18

Deuteronomy 7:9

What does “faithful God” mean to me?

Day 19

Psalm 36:5

How big is God's faithfulness?

Day 20

Joshua 21:45

Where has God come through before?

Day 21

1 Corinthians 1:9

How has God been present in my life?

WEEK 4: Walking Forward in Peace (Living with Trust)

Focus: Move forward—even without full clarity.

Day 22

John 14:27

What is stealing my peace?

Day 23

Philippians 4:6–7

Have I truly given this to God?

Day 24

Psalms 55:22

What am I still carrying?

Day 25

Romans 8:28

Can I trust God with the outcome?

Day 26

Isaiah 43:2

What am I walking through right now?

Day 27

Psalms 121:1–2

Where is my help coming from?

Day 28

Colossians 3:15

Do I sense God's peace guiding me?

Day 29

Psalms 62:5

Can I quietly rest in God today?

Day 30

Hebrews 13:8

What truth will I carry forward?

Simple Prayer for Uncertainty

“God, I don't always understand what You're doing, but I trust that You are faithful. Help me rest in You, even when life feels unclear.”

A Wise Word To Remember

Uncertainty doesn't mean God is absent.

It often means **He's working in ways you can't yet see.**

Be Encouraged and keep keep “Acquainting yourself with The Lord” Meditate on His Goodness!
