

7-Day “Reflect God’s Goodness” Plan

Day 1 — Shine Your Light

Scripture: Matthew 5:16

Devotional:

God’s goodness in you isn’t meant to stay hidden. Even small acts—kind words, patience, honesty—shine light into someone else’s day. You don’t need a platform to reflect God; your everyday life is enough.

Action Step:

- Do **one intentional act of kindness** today (encouraging message, helping someone, listening fully)

Reflection:

- Who saw God’s goodness through me today?
 - Did I hold back or step forward?
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Day 2 — Choose Good Attitudes

Scripture: Philippians 2:14–15

Devotional:

Your attitude can reflect God just as much as your actions. Choosing patience over complaining and peace over frustration makes you stand out in a powerful way.

Action Step:

- Catch yourself before complaining
- Replace it with gratitude or calm

Reflection:

- When was I tempted to complain today?
 - How did I respond differently?
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Day 3 — Live with Purpose

Scripture: Ephesians 2:10

Devotional:

You were created with purpose—to do good. Every opportunity to serve, help, or uplift someone is part of that calling. Nothing is wasted when it’s done in love.

Action Step:

- Look for **one opportunity to serve someone intentionally**

Reflection:

- What good work did I step into today?
 - How did it impact others (or me)?
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Day 4 — Grow in Godly Character**Scripture:** Galatians 5:22–23**Devotional:**

God's goodness shows most clearly through your character. Love, kindness, patience—these are not just traits; they are evidence of God at work in you.

Action Step:

- Choose **one fruit of the Spirit** to focus on (e.g., kindness or patience)
- Practice it intentionally all day

Reflection:

- Which fruit did I focus on?
 - Where was it hardest to show?
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Day 5 — Love Like God Loves**Scripture:** Luke 6:35**Devotional:**

It's easy to be kind to those who are kind to you. But reflecting God's goodness means loving even when it's hard—when it's undeserved, unnoticed, or unreturned.

Action Step:

- Show kindness to **someone difficult or unexpected**

Reflection:

- Who was hard to love today?
 - What did choosing love look like?
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Day 6 — Do Good Generously**Scripture:** Hebrews 13:16**Devotional:**

Goodness grows when it's shared. Whether it's your time, encouragement, or resources—what you give reflects God's generous heart.

Action Step:

- Give something freely (time, help, encouragement, or a gift)

Reflection:

- What did I give today?
 - How did it reflect God's heart?
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Day 7 — Overcome Evil with Good

Scripture: Romans 12:21

Devotional:

The deepest reflection of God's goodness is how you respond when wronged. Choosing forgiveness, grace, and restraint is powerful—it shows a different way to live.

Action Step:

- ☐ Respond with **grace instead of reaction** in a difficult moment

Reflection:

- ☐ What situation tested me today?
 - ☐ How did I choose good over negativity?
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A Word Of Wisdom

Reflecting God's goodness isn't about doing everything perfectly—it's about **daily, intentional choices to let His goodness flow through you.**

YOUR NOTES